The sessions all start promptly at the allocated time, **if you arrive late you will not be allowed to undertake the session** and your manager will need to rebook you on another date.

**Session Times**

**08:30-10:30**

**11:00-13:00**

**13:45-15:45**

**Please mark 1st, 2nd and 3rd choice of date/s**

|  |  |  |  |
| --- | --- | --- | --- |
| 21st January Aintree |  | 19th July AH |  |
| 26th Aintree FULL |  | 13th July RH |  |
| 04 February Aintree |  | 8th Aug AH |  |
| 14th February Aintree FULL |  | 19TH Aug RH |  |
| 01st March RH Sem RM3 FULL |  | 8th September (RH) |  |
| 21st March Aintree FULL |  | 13th September (AH) |  |
| 19th April Aintree FULL |  | 5th October (RH) |  |
| 22nd April BGH |  | 11th October (AH) |  |
| 17TH May AH FULL |  | 7th November (RH) |  |
| 25TH May RH LIMITED PLACES |  | 22ND November (AH) |  |
| 06th June AH |  | 6th December (RH) |  |
| 23rd June RH |  | 19th December (AH) |  |

**PLEASE NOTE THAT THESE TABLES MUST BE FILLED IN COMPLETELY BEFORE YOU WILL BE BOOKED ONTO THE COURSE**

|  |  |
| --- | --- |
| Name (As on ESR) |  |
| Band + Job Role |  |
| Ward/Department |  |
| Site |  |
| Managers Name |  |
| Email Address |  |
| Mobile Number |  |
| Preferred Time (If Applicable) |  |