The sessions all start promptly at the allocated time, **if you arrive late you will not be allowed to undertake the session** and your manager will need to rebook you on another date.

When date states “F2F” this means the class takes place face to face at the stated venue

When date states “Virtual” this means the class takes place via Microsoft Teams, you will need a laptop/PC with a camera and microphone.

**Please mark 1st, 2nd and 3rd choice of date/s**

|  |  |  |  |
| --- | --- | --- | --- |
| 18th March (F2F) FULL |  | 8th August (F2F) Venue BGH 15 places only |  |
| 25th March (Virtual) FULL |  | 19th August (Virtual) |  |
| 28th March (Virtual) FULL |  | 26th August (Virtual) |  |
| 11th April (F2F) FULL |  | 10th October (F2F) AH |  |
| 22nd April (Virtual) FULL |  | 21st October (Virtual) |  |
| 29th  April (Virtual) FULL |  | 26th October (Virtual) |  |
| 13th May (F2F) AH FULL |  | 4th November (F2F) Venue Lecture Hall RH 40 places |  |
| 23rd May (Virtual) FULL |  | 15th November (Virtual) |  |
| 31st May (Virtual) |  | 29th November (Virtual) |  |
| 15TH June (F2F) Venue Lecture Hall RH 40 places |  | 8th December Virtual |  |
| 21st June (Virtual) |  | 16th December (F2F) AH |  |
| 29th June (Virtual) |  | 20th December (Virtual) |  |
| 4th July F2F (AH) |  |  |  |
| 18th July (Virtual) |  |  |  |
| 27th July (Virtual) |  |  |  |

**PLEASE NOTE THAT THESE TABLES MUST BE FILLED IN COMPLETELY BEFORE YOU WILL BE BOOKED ONTO THE COURSE**

|  |  |
| --- | --- |
| Name (As on ESR) |  |
| Band + Job Role |  |
| Ward/Department |  |
| Site |  |
| Managers Name |  |
| Email Address |  |
| Mobile Number |  |
| Preferred Time (If Applicable) |  |