




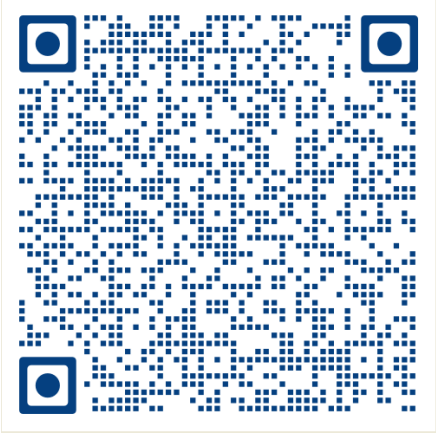

Welcome to Occupational Health and Well-Being

Liverpool University Hospitals is committed to being the employer of choice within Liverpool and recognises that an important aspect to achieving this is the promotion and maintenance of the physical and psychological health and wellbeing and safety of its entire workforce.

Our vision is clear, to provide quality services for all employees.

On our pages, you can find a wealth of information about facilities and services to support staff health and well-being, as well as relevant policies and useful contacts - use these links to find out more:

Contact us

 Occupational Health and Well-being Aintree University Hospital Longmoor Lane Liverpool L9 7AL  0151 529 3803  @LuhftWellbeing	
 http://liverpool-hr.nhs.sitekit.net/working-with-us/health-and-wellbeing.htm	
<p align="center">We are open Monday to Friday (excluding bank holidays) from 8.30am to 4.30pm</p>	

What Occupational Health does and the services it offers

We look after the health and well-being our staff from the pre-employment stage, during their stay with the Trust, up to when they leave.

This is done by undertaking pre-employment health assessments to ensure that any employees with health conditions are assessed and appropriate workplace advice is given and adjustments made. We also ensure that employees are offered vaccinations appropriate to their role, to ensure their own and their patient's safety.

During employment we accept referrals from managers for staff who have health issues, or who are absent from work, and we offer advice about helping with management and facilitating a return to work.

We have in-house Physiotherapists, Counsellors and Psychologists who our staff can self-refer to if they have musculoskeletal or stress/mental health problems. We also have an Occupational Therapist who advises on ergonomic and workplace assessments.

During employment we offer advice about risk assessments, for example regarding Covid and pregnant workers, or skin assessments. We offer appropriate health surveillance, for example for employees who are night workers or who work with TB patients/samples.

There are many public health/well-being initiatives offered through the Trust for employees who want advice about: smoking cessation, weight loss, alcohol issues, exercise, menopause, domestic abuse, financial advice, pregnancy (see links on previous page for further information about services).

We have Equality and Diversity Advisers who are able to offer advice on work related issues and protected characteristics.

If you need further advice, or have questions about any of the services we offer, please contact us on the number/email provided.

Please note we have a drop in clinic at our Aintree Hospital site available for vaccinations/blood tests without appointment (note, only if you have been asked to attend it). It runs from:

Monday to Friday (excluding bank holidays)

8.30am - 9.00am and 4.00pm - 4.30pm.

If you have been asked to attend for further vaccinations or blood test appointments they have been noted below.

Date due	Vaccine/Blood Test	Given by
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If you require a special edition of this leaflet

This leaflet is available in large print, Braille, on audio tape or disk and in other languages on request. Please contact:

Tel No: 0151 529 2906

Email: interpretationandtranslation@aintree.nhs.uk

